

Elements that should be part of our daily prayer life

1-Adoration & Praise – Giving God the glory and worship that He deserves. It helps keep our prayer life focused on Him rather than all our needs and wants.

- 1 Chron. 29:11-12, Psalm 34:1, Heb. 13:15

2-Confession—Agreeing with God over the areas in your life that are not pleasing to Him. Daily dealing with sin

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3-Thanksgiving – Thanking Him for His daily presence and provision.

- Psalm 100, 1 Thess. 5:18

4-Intercession – Lifting up the needs and concerns of others.

- James 5:16, 1 Tim. 2:1

5-Petition – Lifting up your own needs and concerns.

- Heb. 4:15-16, John 15:7

6-Listening & Meditation – Reflecting on Gods' Word and listening for His impressions upon your heart.

- Psalm 1:1-3, Psalm 119:9-16, Jeremiah 29:11-13